

### **2010 Fall Seminar Series**

September 30 - Allergies, Autism,  
Asthma and Autoimmunity

*-Vicki Kobliner, MS, RD*

October 28 - Get ready for Kindergarten-  
Academic, Social/Emotional, Motor,  
Vision and Speech/Language Skills

*-Randy Schulman, OD*

*Stefanie Seanor, MBA, OTR/L*

*Maybette Waldron, MS, CCC-SLP*

December 2: Youth Fitness-  
Educate and Motivate Yourself to Help  
Those Around You

*-Michael Gulyas and Carissa Gulyas*

*All seminars are held at TLTC at 7:00pm.*

*Registration is required for the free seminars.*



**Total Learning and Therapy Center**  
5893 Main Street  
Trumbull, CT 06611  
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**[www.TLTC.org](http://www.TLTC.org)**

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**Total Learning and Therapy Center**

## **2010 Fall Programs**



Now accepting some insurance plans.

## Program Details

All groups/classes meet for 8 weeks unless indicated otherwise.

**Session I: August 30 - October 23**  
(No classes Mondays Sept. 6th and Oct. 11th)

**Session II: October 25 - December 18**  
(No classes Thursday Nov. 25th and Saturday Nov. 27th)

Fees: \$400 per 8-week session  
(\$300 Session I - Mondays)  
(\$350 Session II - Thursdays/Saturdays)

\*\*Full payment is due at the time of registration. In the event your child misses a class, every effort will be made to offer a make-up class.

**Ongoing individual and group programs assist those with a variety of needs including Autism Spectrum Disorders, ADD/ADHD and mild to severe learning disabilities.**

### Services include:

- \*Advocacy Support
- \*Behavior Assessment and Intervention
- \*Behavioral Optometry
- \*Computer Training
- \*Counseling
- \*DIR/Floortime Techniques
- \*Earobics
- \*Handwriting
- \*Lee Silverman Voice Treatment
- \*Occupational Therapy
  - \*Physical Therapy
  - \*Psychological Services
  - \*Sensory Integration
  - \*Social Skills Training
  - \*Special Birthday Parties
  - \*Speech and Language Therapy
  - \*Therapeutic Listening
  - \*Tutoring
  - \*Vision Therapy



## Fall Programs

### The EDGE Learning System

(Enhancing Development for Gains in Education)  
This 45-minute group will enhance your child's motor, speech, reading, math, social and visual skills to improve grades, performance and self-esteem. All groups are designed by professionals for maximum learning effect.

- \*Ages 6-8: Tuesdays 5:15 - 6 pm
- \*Ages 9-12: Tuesdays 6:15 - 7 pm



### Sports EDGE

This 45-minute group will enhance tracking, eye, hand and body coordination, reaction speed, peripheral awareness and visualization skills necessary for excelling in sports.

- \*Ages 6-8: Thursdays 5:15 - 6 pm
- \*Ages 9-12: Thursdays 6:15 - 7 pm

### Reading EDGE

Improve reading fluency and comprehension through vision exercises in this 45-minute group. Reading gains are made with proven-effective tracking and computer games.

- \*Ages 6-8: Wednesdays 4 - 4:45 pm
- \*Ages 9-12: Wednesdays 5 - 5:45 pm

### Emotions in Motion

Sensory-Motor Groups  
Children will benefit from this 45-minute weekly program incorporating creative arts and yoga principles. A variety of materials will be used to facilitate the connection between sensation and emotional regulation. Emphasis on breath control, rhythm and posture improves organizational, sensory processing and social skills.

- \*Ages 3-5: Mondays 2:30 - 3:15 pm  
Wednesdays 3:15 pm - 4 pm
- \*Ages 6-8: Mondays 3:15 - 4 pm  
Wednesdays 4:45 - 5:30 pm
- \*Ages 9-12: Mondays 4 pm - 4:45 pm  
Wednesdays 5:45 - 6:30 pm

### The Social EDGE

These 1-hour sessions focus on improving social skills of students through interactive activities in a therapeutic environment. Groups are arranged according to peer age and individual needs. Activities focus on developing play skills, language and communication skills, body language, sensorimotor skills, controlling emotions and social flexibility.

- \*Ages 5-7: Thursdays 4 - 5 pm  
(Lego Challenge)  
Saturdays 9 - 10 am
- \*Ages 8-11: Thursdays - 5 - 6 pm  
(Lego Challenge)  
Saturdays 10 - 11 am
- \*Ages 9-12: Thursdays - 6 - 7 pm  
Saturdays 11 - 12 pm
- \*Adolescents: by appointment



### Handwriting Without Tears

This multi-sensory approach to developing and enhancing handwriting skills appeals to children with all kinds of learning styles - visual, auditory, tactile and kinesthetic. The unique materials and creative workbooks assist to eliminate problems with letter formation, reversals, legibility, spacing and cursive connections.

- \*Ages 3-5: Wednesdays 2:30 - 3:15 pm
- \*Ages 5-7: Mondays 5:30 - 6:15 pm  
Wednesdays 4 pm - 4:45 pm
- \*Ages 8-11: Mondays 4:45 - 5:30 pm  
Wednesdays 6:30 - 7:15 pm



### Model Building Class

This 1-hour group will encourage students to improve motor planning, visual motor and social skills while engaging in building planes, ships and other kinds of transportation.

- \*Ages 7-11: Tuesdays 5 - 6 pm

